

“Since my husband was diagnosed with MS, every day is a struggle.”

“I’ve never worked with someone in a wheelchair before—sometimes I feel a little awkward.”

“So—what is the story with diabetes anyway? I don’t know anything about it but one of my co-workers has it.”



Have questions about how to handle a disability or illness, at work or at home? LifeWorks can help.

If you or someone you know has a disability because of illness, injury, or disease, you know that support is critical. LifeWorks can help with personal phone support from caring, professional consultants whenever you need it. You can call LifeWorks to speak with a trained disability consultant to discuss your concerns, help you understand your options, and identify support and services that are appropriate to your situation. You can also go online to read or download a wide range of life articles that can help you find the information and support you’re looking for including information of specific conditions, like:

- *When Someone You Know Has a Disability*
- *Support Groups for Caregivers*
- *Life with Cancer: How to Provide Support*
- *How to Help a Child Who May Have a Learning Disability*
- *Autism Overview: What We Know*
- *Multiple Sclerosis: Conditions in Depth*
- *Informed Consumer’s Guide to Accessible Housing*
- *When You Become Your Partner’s Caregiver*
- *Recreation Programs for People with Disabilities*

No matter what kind of information or support you need, LifeWorks can help. Call 888-267-8126 anytime to speak to a caring, professional consultant, or visit the LifeWorks web site at www.lifeworks.com to read articles or order free materials.

Para información sobre este programa en español, visite en-línea en www.lifeworks.com o llame al 888-732-9020.