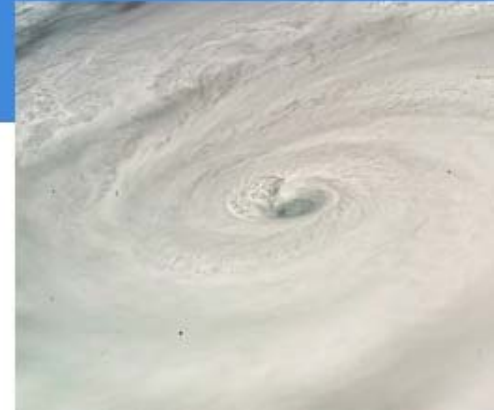


Preparing for a hurricane, with help from LifeWorks.



If you or someone you love lives or works in an area that may be affected, call LifeWorks anytime at 888-267-8126. LifeWorks consultants can help you:

- Create a family emergency plan
- Identify local resources that are available to help
- Find resources for food, clothing, and shelter
- Find out how to protect your property and your family
- Deal with feelings of anxiety and fear
- Find ways to connect with your family, friends and co-workers
- Find backup child care or services for an older relative

You can also go to www.lifeworks.com to read or download articles and worksheets to help you be more prepared, including

- *Creating a Family Emergency Plan*
- *Planning for Emergencies with Your Child Care Provider*
- *Preparing for Natural Disasters: Floods, Hurricanes, Tornadoes, and Earthquakes*
- *Steps to Take After a Fire, Flood, or Other Disaster*
- *Protecting Your Pet in a Natural Disaster or Other Emergency*
- *Preparing to Leave Home Quickly in an Emergency*

You'll also find state-by-state Emergency Resource Lists—just type the name of your state into the Search box at the top of the homepage and look under Worksheets.

To find the help you need right away, call LifeWorks anytime at 888-267-8126 to speak with a trained consultant, or visit the LifeWorks web site at www.lifeworks.com.